



Audio Trails

Grindelford - The Ghost of a River

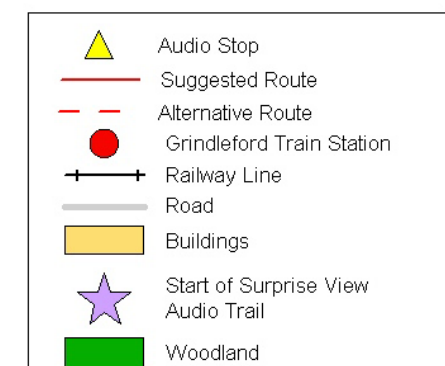
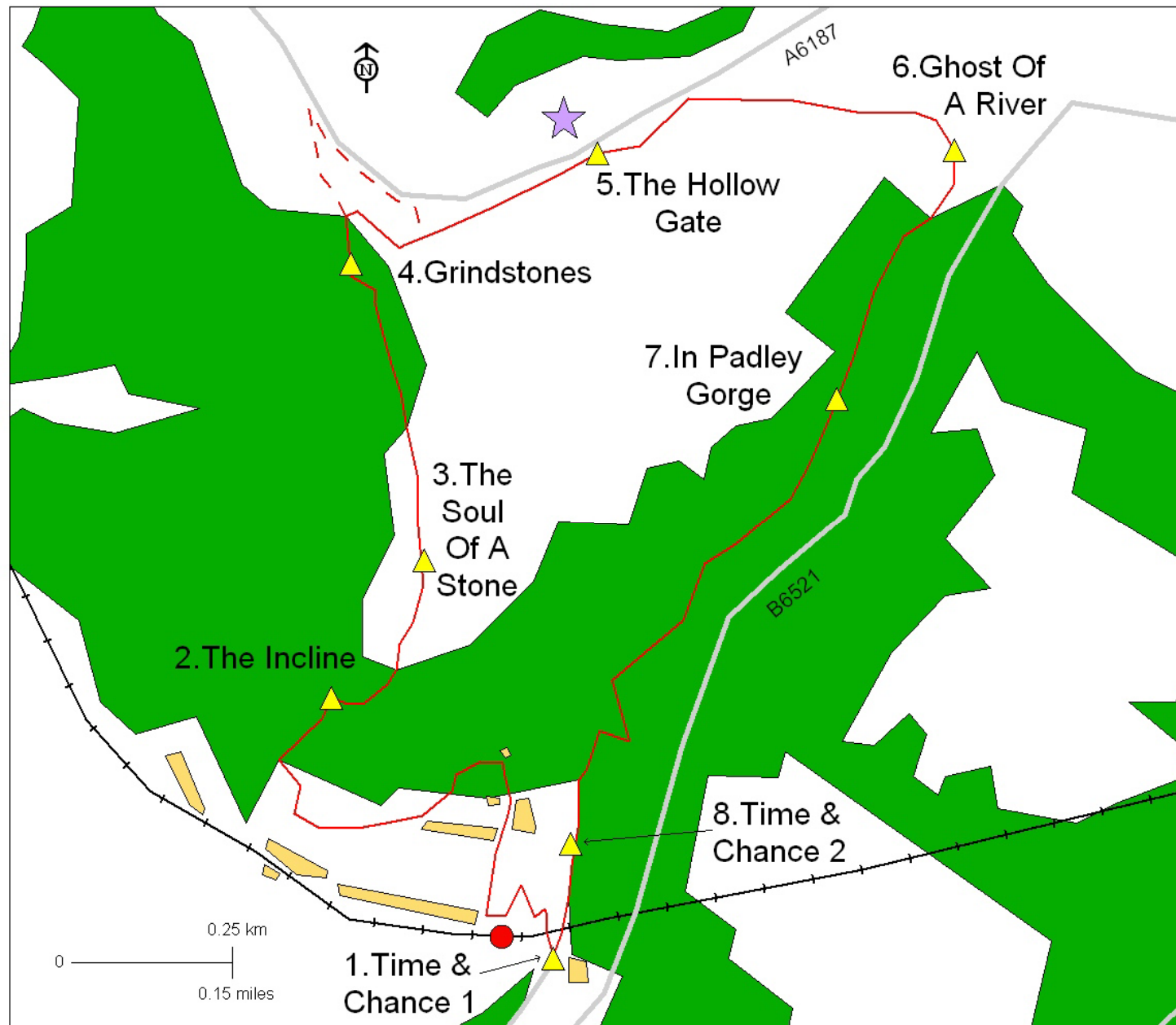
Start point (OS grid ref):

SK 251 788

Distance:

2.8 miles / 4.5 km

The map, gps points and audio files downloaded from www.moorsforthefuture.org.uk are intended to compliment rather than suppliment appropriate navigational equipment needed for moorland walking. Please refer to our website for more information.



Grade: /Moderate
Nearest Town: Grindelford

Map: Explorer OL24 The Peak District - White Peak Area
Terrain: A couple of steep ascents and rocky descent on return to start. One stile to cross.

Allow: 2 hours



Moors for the Future Audio Trails Grindleford Ghost of a River



Grindleford Train Station

Grindleford is accessed by train from either Sheffield or Manchester, or by road via the B6521 (1km north of Grindleford town).

1. Time and Chance 1

Make your way to the bridge over the train track, near the café. Here you will see the entrance to Totley Tunnel.

2. The Incline

Continue over the bridge (away from the café) and follow the waymark posts to “Longshaw Estate and Padley Gorge”. At the third waymark post, go through the gate and follow the grassy path that goes towards a stone building with the domed orange-tiled roof (not the stone one that carries straight on). Before passing this building, take the left hand path towards the stile (and not the one to the gate). Follow the path as it soon drops into a hollow-way passing by a number of dwellings on your left. Follow the dry stone wall, and where it turns left at a 90° angle, join the level path just to your left (on top of the bank). Within 15 metres along this path, you will be on a steep incline, devoid of trees. Head uphill until you reach the top where you will see the remains of a stone structure.

3. The Soul of a Stone

Approximately 20 metres to the right of the structure (with your back to the incline) there is a path heading up the bank. Follow the obvious line of this path as it continues to ascend and then levels out into a Silver Birch woodland. You can listen to track three at any point along the path where the sheer rock face is on your right hand side

4. Grindstones

Continue along the path and within a few minutes you will see a row of abandoned millstones on your right (just beyond a dry stone wall)

5. The Hollow Gate

At the end of the row of grindstones, turn right and follow the narrow path as it cuts back behind the stones and up onto the ridge above. Cross the stile and continue along the path through the heather until you are alongside the car park (on the other side of the road). This is also the start point for the Surprise View Audio Trail.

6. Ghost of a River

Continue along the path adjacent to the road and follow it, as it skirts to the right of the accumulation of rocks and then drops down into a hollow-way until you reach the bridge over the river.

7. In Padley Gorge

Follow the waymark post to “Padley Gorge” and begin track 7 as you go through the gate, listening as you follow the river downhill.

8. Time and Chance 2

Eventually, you will notice you have two options; continue up and away from the gorge, or cut back (sharp left) down to the river. Take the latter option and turn right once you are over the bridge. Go up the stone steps, take the right hand path and follow the gorge downhill and listen to track eight before exiting the gate.

Grindleford Train Station

Exit the gate, turn left and follow the road back to the station.