Grade: Easy/Moderate

Nearest Town: Edale

Terrain: The route is generally good under foot but with a steep ascent from Billy’s Cote to The Nab.

Map: Explorer OL01 The Peak District - Dark Peak Area

Allow: 1-1.5 hours
1. **Edale Train Station**  
Edale is accessed by train from either Sheffield or Manchester by train, or by road from Hope or Chapel-en-le-Frith.

2. **The Moorland Centre**  
Exit the train station on the left, or by leaving the main visitor car park by the toilets and turning right. Head up the road (past The Rambler public house) and after 300 metres you will reach the Moorland Centre.

3. **The Old Nags Head**  
Continue up the road for a further 400 metres.

4. **Billy’s Cote**  
Continue along the road and take the footpath signed Grindsbrook. At the little estate lodge, fork right and follow the sign to Grindsbrook (not down the private drive) and across the wooden bridge over the river. Follow the flagstone path for 50 metres until you reach a small stone building.

5. **Herdsman’s Plantation**  
Leave the flagstone path and follow the path as it ascends up to a gate by a small plantation.

6. **The Nab**  
Follow the steps as they initially run parallel with the plantation on the right and then veer, firstly left, then right until the path flattens out within a couple of minutes. A small rocky outcrop will be visible 10 metres on the right.

7. **Ollerbrook Clough**  
Ignoring the rockier paths to your left, follow the path as it descends around towards Ollerbrook Clough in the west. Stop at the first tree you encounter (a beech), by a gate on this side of the river.

8. **Ollerbrook**  
Head through the small wicket gate, down the sunken lane and through 4 more gates until you reach a lane with a post box, just past the buildings.

**Return to the Moorland Centre**  
Turn right into the farmyard and follow the left-hand path. On reaching the Moorland Centre, you can retrace your footsteps to the train station or car park by turning left.